

December

2017

November						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

January						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1	2
					Golf Stretches	Grip Review
3	4	5	6	7	8	9
	Alignment	Pre-Shot Routine	Fundamentals Review	Takeaway	Swing Plane and Wrist Hinge	Top of the Golf Swing
10	11	12	13	14	15	16
	Transition Into The Downswing	Backswing Review	The Swing Transition	Don't Early Extend	Weight Transfer	Golf Impact
17	18	19	20	21	22	23
	Downswing Review	Turning Through Impact	The Finish Position	Fundamentals Review	Backswing Review	Downswing Review
24	25	26	27	28	29	30
31	1	2	3	4	5	6

Month

Year

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY